

Pre-Injection Care for Amniotic Injection

Stop taking the following drugs, typically 4-8 days before injection, pending half-life of each drug.

Stop taking the following:

- All Non-Steroidal Anti-Inflammatories
- Motrin
- Naprosyn
- Celebrex
- Mobic
- Aspirin
- Ibuprofen
- Advil
- Aleve
- Naproxen
- Prednisone
- Any Corticosteroid

NOTE: If patient is taking any drugs for a potential life threatening event, do not take patient off of these medications. Their physician needs to be consulted.

Do not advise taking patients off of statins. Instead, increase the inflammatory signaling with more needling, shockwave, and vibration (Juvent).

Begin taking Ricochet product twice a day, 6 days before injection occurs.

Post-Injection Care for Amniotic Injection

Aftercare instructions for the following procedures: ReGen Anu Rheo, PRM, and Shock Wave (High and Low Energy) Vibration (Juvent), Needling of Injection Site.

The Day of:

- You may be sore today, this is normal
- Numbing agent will begin to wear off in 1-2 Hours
- **Tylenol** for pain relief is **OK** to take as needed

The following are **NOT** allowed for approximately 8 weeks after injection:

- All Non-Steroidal Anti-Inflammatories
- Motrin
- Naprosyn
- Celebrex
- Mobic
- Aspirin
- Ibuprofen
- Advil
- Aleve
- Naproxen
- Prednisone
- Any Corticosteroid

NOTE: If patient is taking any drugs for a potential life threatening event, do not take patient off of these medications. Their physician needs to be consulted.

Refrain from high impact activities for 2 weeks. You may continue all other activities and may be weight bearing in supportive shoe gear. (If you are unsure please contact our office). No Icing. A heating pad can be used to increase comfort and improve circulation.

Continue taking Ricochet twice a day for 6 days.

CALL THE OFFICE IF YOU EXPERIENCE ANY OF THE FOLLOWING:

- Excessive pain in the area of the procedure
- Redness, swelling or irritation in the area of the procedure